



Eat Play Learn

A six part training programme to support schools to develop better lunchtimes

We have been working in partnership with B&NES Council Director of Public Health Award to develop the Eat Play Learn training programme.

Eat Play Learn supports school lunchtimes holistically, aiming to develop positive play and dining experiences for all children and staff, bringing about positive changes to practice.



What does it include?

There are six training elements that run as separate two and a half hour training sessions. We suggest that these sessions run one per term to enable action plans and changes to be implemented.

We charge £1,500 + VAT + Travel.

A positive dining experience

The importance of children eating well, fostering healthy eating habits, creating a positive dining experience, exploring what makes a great lunchtime experience.

Getting to grips with play!

The importance and benefits of play, Playwork Principles, the play cycle, building positive relationships, the importance of teamwork and the role of the playworker.

Exploring tools for playwork

Supporting play, positive intervention techniques and conflict resolution. Understanding the role of risk in play, how to manage it using risk benefit assessment, and supporting children to manage risk.

Further information

If you would like to find out more about this service please contact the Scrapstore Play Services at Children's Scrapstore on:



0117 914 3002



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www.facebook.com/SSPlayService

Outdoor play environment

What makes a good play environment, assessing the environment, loose parts play, how to improve the play offer and what stops play.

Wet Play - tackling the issues

Review current wet play provision, what stops children playing outside in the rain, how to increase choices and freedom inside, planning for wet weather.

Reflection - assessing the journey so far

The importance of reflection, reviewing the action plans and changes, what's working well, what can be improved, problem solving and evaluation of the process.

